

KNOW THE DANGERS

BE WATER SAFE AT HOME



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PAKISTAN
LIFE SAVING



PAALS RESCUE

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Every year many young children drown in or around their own homes. Not all of these accidents happen in swimming pools. Here are following tips to be safe at home:

PALS SAFETY TIPS

- A small child can drown in quite a small amount of water.
- Water tanks or bath tub that hold water around them can be dangerous.
- Ordinary baths in the bathroom can be very unsafe for young children if they are left alone.
- A laundry tub or kitchen sink full of water isn't out of reach for an adventurous toddler.
- Fishponds need to have covers over them to stop little kids falling in.
- Paddling pools are great in the summer especially for little kids who can play and splash happily for hours but can be very unsafe if they are left alone.

These safety tips are provided by PALS Lifeguards in accordance with international standards on Aquatic Safety.

250+ cases of drowning every year along the beaches of Karachi. PALS has been able to contain this drowning rate to 'near zero' since 2004 to date.

